

Seasons



It has been a cold start to most mornings of recent weeks with frosts covering roof tops and grassy nature strips. Winter is my very favourite time of year. In late July I arrived at work and was greeted with the most beautiful pink glow to the pre-dawn sky – it brought a smile to me and I hope it does to you as well.

Administratively, this Winter has not been a time to be still, there is a lot happening in and around the Village. Open Day preparations are in full swing. As I write this, we are in the last days of our annual financial audit with PricewaterhouseCoopers. This week we submitted our formal 60 page triennial application for reaccreditation for the Manor and we are currently negotiating our next Enterprise Agreement with the major unions.

Over recent times the peak industry bodies representing Aged Care and Retirement Living who were traditionally divided largely along private vs not-for profit lines, have merged to be a single peak body advocating to Government. This is an important step in working together with Government and consumer groups to complete the legislation and work recommended by the Royal Commission into Aged Care Quality and Safety. I expect that once this legislation is tabled in Parliament, Aged Care will once again be in the news as a negative story. Unfortunately, with Covid outbreaks currently in 1100 of Australia's 2700 Aged Care Homes and significant workforce shortage issues throughout the sector, it is easy to find the bad news story.

There is a time for everything and a season for every activity and whilst the past few years in Aged Care have largely been a time to tear down, a time to mourn and a time to search, the seasons are changing as they always do and we are moving to a time to build, a time to mend and a time to heal. I feel very positive that the changes to regulations in Aged Care homes and Community Care Packages that the services will be more transparent and accountable in the future which will help deliver better care and services to our oldest and frailest Australians.

It is a time to speak for our Residents living in Independent Units and receiving Home and Community Care with the Commissioner for Senior Victorians' "Ageing Well" Survey now underway. By sharing your views, you can contribute to the big picture and make a difference for all older Victorians. The results of the survey will inform the ongoing advocacy of the Commissioner for Senior Victorians on behalf of older Victorians, in particular advice to the Victorian Government. You can complete survey online here www.seniorsonline.vic.gov.au/survey

Take care, stay safe,

Kim Jackson CEO



Announcements

⇒ *Welcome* ⇐

We welcome the following new residents and wish them well in their new home.

Mr David & Mrs Judith Flack—Unit 200G

⇒ *Congratulations* ⇐

The following Residents have achieved memorable years of occupancy.

We hope they enjoy many more years in the Village.

10 Years

John Bell

15 Years

Mary Johnstone

Winifred Smythe

20 Years

Epi Agema

⇒ *Transfers* ⇐

The following residents have transferred within the ILU, to the Manor, an Apartment, or to the Community.

We wish them well in their new home.

Community

Annette Marshall

Harry Marshall

Manor

Marjorie Gaulton

John Small



⇒ *In Memory* ⇐

Sadly, we advise the following residents have passed away and we extend our sincere sympathy to their families and friends.

Mr Joseph Pulis—Unit 912

Mrs Patricia Anderson—Unit 162

Mrs Mary Ricca—Unit 213



SCOOTER TYRE PUMPING



Dean from Mobility Help will be at Clarke Centre on the back veranda on **Wednesday 3rd August** for Tyre Pumping between **9:00am-9:30am**. Note the new time. Social Distancing applies.



CHAPLAINCY SUPPORT GROUP



Chaplaincy Support Group

On Wednesday August 3 we will be holding our AGM at 2pm in Parkside and chaplain, Rod Wilson, will be chairing the meeting and sharing a devotional.

Advance Notice: There will be a seminar on Transitioning to Aged Care on Wednesday September 28 at 1.30pm at Parkside led by our village nurses. There is a lot of interest around this topic so we suggest you note the date in your diary!

The Shed Op Shop

The Shed will be open in August on Friday 5th, 12th, 19th, 26th, from 2-4pm and on Saturday 13th from 10-12noon.



The friendly Shed team has a wide variety of things for sale so do call in to browse, chat and buy! They also have a catalogue of larger items that are for sale which you can view by speaking to Sheila Blyth. Please also note, that if you have bigger items to donate, contact Sheila first as she needs to see them in order to decide if they can be accepted or not. This is because there is limited storage space.



You may contact Sheila on 5971 6923 or 0438 041 848 and if she is not available, please leave a message and she will get back to you.

Margaret Knight



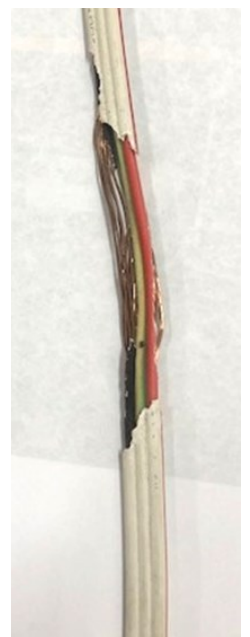
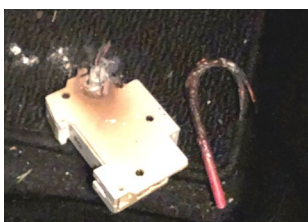
SAFETY FIRST



This picture (right) was taken in early July by an electrician who was sent to investigate a power problem in a unit. The electrician found that the wiring had been eaten away by birds or vermin. The Resident advised Staff that they had been resetting their own safety switch over a period of 4 days and also had placed 'blue tack' on their switchboard to stop the switch activating. The electrician advises that the Resident's actions were extremely dangerous and could have easily resulted in electrocution or fire if they had continued. A similar incident occurred days later in a different unit where a resident had again been resetting their own safety switch (bottom left).

Residents should never ever reset their own safety switches or deliberately interfere with the proper activation of an electrical safety switch.

If your power is going off and it is not related to a wider outage, history would indicate that it is most likely related to a faulty electrical appliance you have plugged in - hairdryers, electric blankets, old toasters, old kettles are frequent offenders. However, there is always the possibility that it may be related to something else more serious such as birds or vermin eating wiring etc. Please do not attempt to diagnose and fix these issues yourself and please do report them to our maintenance team.



VBRC REPORT

Meeting held on 8th July 2022

Community Services Manager, Kim Male. spent time with the Committee and outlined her role.

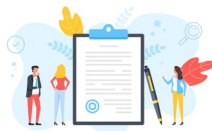
It was noted that –

- ◆ There will be no change to the cost structure for the rent of “Visitors’ Units”.
- ◆ Staff photographs still to be included in Village Voice.
- ◆ The roadway at east end of Vegetable Patch to be widened.
- ◆ Line marking throughout the village to be upgraded.

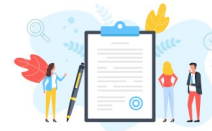
- ◆ Upgrade to speed signage work accepted and some work still to be completed.
- ◆ “Social Distancing Stickers” in community areas to be removed.

Items that remain of concern include –

- ◆ Improvement to footpaths throughout the Village.
- ◆ Car parking issues.
- ◆ Speeding in the Village.



BY-LAWS OF THE MONTH



If you'd like to brush up on your Village By-Laws, they can be found on our Website at the link below

<https://www.villagebaxter.com/wp-content/uploads/2021/02/Bylaws-2018.pdf>

by scanning the QR code, or in your copy of your Lease Agreement.



7 — DAMAGE TO VILLAGE PROPERTY

The Resident may be required at his own cost to make good any damage which may be caused to the Premises or to any part of the Village by reason of any act or omission or by reason of any neglect or negligence on the part of the Resident or any guest or visitor of the Resident. When the cost of repair or replacement of damaged property is believed to be covered by insurance, BVB undertakes to lodge a claim under the relevant policy. The decision of insurers will determine whether any act or omission constitutes neglect or negligence.

8 — UNREASONABLE DEMANDS

The Resident shall not make unreasonable demands on the time of any of the staff or employees.



COVID-19 VACCINATIONS



All residents who are fully vaccinated and have their certificates, please get a copy to the Village Nurses for our records.

If you do not have access to a computer, a printed version of the COVID-19 Digital Certificate can be obtained by calling Services Australia on 1800 653 809 and asking them to send your Immunisation History Statement to you. You will need to provide your Medicare number. It can take up to 14 days to arrive in the post.

You can leave a copy of your certificate with Resident Liaisons or at Reception.



RESIDENTS' ASSOCIATION

On Sunday 17th July four members of the RA committee tied our July indoor market signs to the Village Baxter fence and some of our posters went up around the village. You may also have seen posters in local shops and on some Facebook pages. By the time you read this in early August, I hope we all know that the promised improvement in temperatures did arrive and that all went well.

Now to other matters – the first is our defibrillator training sessions performed by two personable and knowledgeable young women from Ambulance Victoria in June. More than 40 people attended, we all enjoyed ourselves and more importantly – we also learned things that everyone should know. Current practice, unless you are dealing with a child, involves only compressions, no breaths. Use of a defibrillator only takes up a few seconds of the time taken saving a life and there is still a role for you even if you are not strong and agile enough to take a direct part in the lifesaving process. Most of all, everyone needs a plan should the unthinkable happen.

Please let a member of the RA committee know if you'd like to attend an Ambulance Victoria session and, if there are enough of you, we'll try to arrange one.

On Sunday 14th August the Australian Welsh Male Choir will perform for us in the Clarke main hall. Entry will be by gold coin donation and afternoon tea will be available afterwards for those who wish to stay. This is the first performance since 2019 and, judging by attendance then, it will be popular. Of course since that time and after the lockdowns we have had to learn to live with Covid and make our own judgements about where we feel safe. Nothing is mandated. For all sorts of reasons – not feeling well, an underlying health condition, an upcoming visit interstate to see family, even an overseas trip, will cause some Residents to decide it's best not to attend. However, for those of us who will be there and who still want to be as safe as possible - please, please wear a mask from before you enter the hall.

I hope to see you all at some time, out in the August sunshine.

Deborah Haydon
President

Diary Dates for August:

Wednesday 3rd August – Tyre Pumping 9.00 – 9.30am, Clarke back verandah

Thursday 4th August – Cliché Fashions 1.30pm, Clarke

Saturday 13th August – RA morning tea 10.00 - 11.30am, Parkside

Sunday 14th August – Australian Welsh Male Choir 2.00pm, Clarke

Wednesday 17th August - RA General Meeting 1.30pm, Clarke

Pete's jokes for August:

Behind every angry woman, stands a man who has absolutely no idea what he did wrong!
I will be posting telepathically today. So, if you think of something funny, that was me.



VEGGIE GROUP

G'day all,

July saw a definite slowing down of growth in the Veggie Patch due to the cold wet weather we have been having. Because of holidays and sickies we found ourselves short of help on some Mondays again, however we managed on a couple of occasions with just three of us. Thanks again to Maurice for taking the reins in the shed when we were shorthanded. It seems to be that Monday mornings have more of the worst weather than any other day of the week. July 18 was particularly cold and wet but those "Pickers and Packers" still turned up to supply the Kiosk with some fresh fruit and veg. Without this tough bunch of people we wouldn't be able to carry on supplying the Kiosk.

We are missing Wayne who is at home looking after Maureen who has had a serious op. We wish her a speedy recovery.

Doug and Coral have started preparing the Glasshouse for sowing tomatoes, basil, capsicum, silver beet and others in preparation for our expected Open Day in October. Rod has also spent some time in the glasshouse sowing seeds ready for the spring crops to go in the group beds. The nets on the fig trees have been removed under supervision of Geoff. Norm and Rod spent some time pushing the lawn mower through very long grass around them. We have all been clearing and fertilising empty beds ready for the big spring planting although the wet weather is slowing us down.

The Life Members' Dinner went ahead as planned, thanks mostly to Norm and Marian. On this night we honour our life members who have contributed a great deal to the success of the Group. Fewer attended than the last one due to the COVID climate, but I'm sure a good time was had by all. I was able to attend via technology set up by Chris MacMillan. Good job Chris. I know it took some effort to nut it all out. There were three life members installed.



Wenda Cunningham was recognised posthumously. Wenda grew plants in the glasshouse and sold them on Open Days donating the proceeds to the Group. She was also our Social Secretary for a few years until she became too sick to continue. She was an inspiration to us all in the creative area, supplying great table decorations for our dinners, raffle prizes and so much more.

Les Cunningham, who not only turns up almost every Monday to man the shed for the "Pickers and Packers," but is also our Assistant Manager, resident plumber and is always on hand to help out.



Max Colliver, who for very many years manned the stalls and other activities and was a regular attendee at the shed. He was presented with his certificate by his old mate Dick Charman.

As I write this the weather looks like it's warming up a bit and it's time to start sowing your summer crops in a warm sunny place ready for planting later in the month.



THINGS TO PLANT IN AUGUST

Broad Bean, Cabbage, Chicory, Dill, Endive, Jerusalem Artichoke, Kohl Rabi, Lettuce, Marjoram, Mint, Mustard Greens, Onion, Parsnip, Pea, Radish, Rosemary, Sage, Shallot, Snow Peas, Thyme

That's all for now folks; carry on gardening.

Rod.

List taken from: <https://www.yummygardensmelbourne.com/winter-vegetable-garden.html>



FACING THE FUTURE SEMINAR



BEING PREPARED

None of us knows what tomorrow may bring. It is always wise to be prepared. Here is a great opportunity to do this by attending the next seminar about "Home Care" packages and the arrangements needed for "Future move into Care". None of us wish to face these things, but it is increasingly necessary to BE PREPARED.

When the time arises it can take months to work through these issues of Finance, Power of Attorney etc. Don't say, " I am too young for that". You never know in this day and age what lies ahead.

Chaplaincy Support Group will be holding these Seminars on Wednesday September 28th and Wednesday 26th October. The Seminars will be held in house by Nurse Judy - our Admissions Co-ordinator, Megan May - our Finance Manager and Kim Male - our Community Services Manager.

Further details will be available shortly and you will need to register on the forms to be provided. You will have a choice of which month to attend. Both Seminars will be identical in presentation.



VILLAGE STRUMMERS UKULELE BAND



Our friend, Sharon, has been spending much productive time with us and we are all benefitting from her expertise!

The band turned out in full force to celebrate another member's 95th birthday at which Trudy surprised the gathering with one of her special High Teas... Lots of fun and frivolity occurred throughout the afternoon!!

The energetic Strummers are preparing for their next reason to celebrate...

- Audrey (5971 1767) & Robyn (5971 1487)



SCAM ALERT

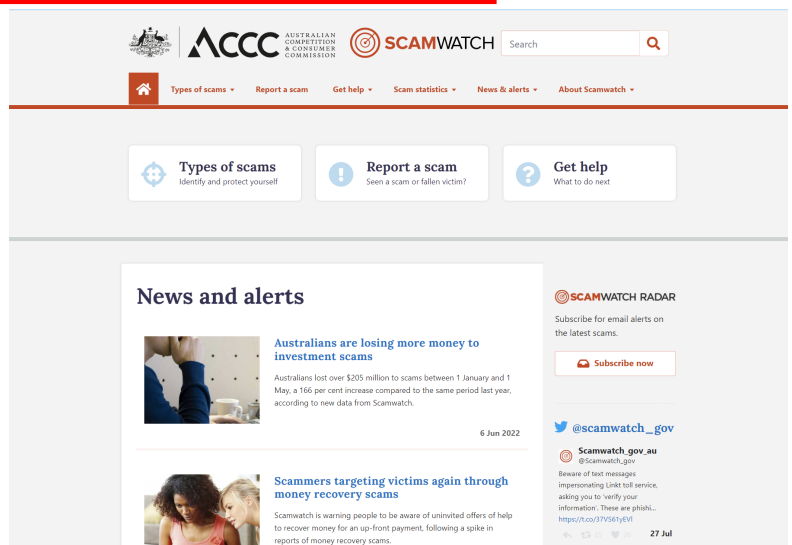


BEWARE AN 'AUSTRALIA POST' TEXT SCAM.

Many people are buying *online* and may receive messages on the progress of their order. Beware a text from 'Australia Post' indicating there is insufficient information for delivery to be made. It is a SCAM.

For more information on how you can better protect yourself from Scams check out the Scam Watch website at

<https://www.scamwatch.gov.au>



Have something that you would like to share? Want to thank someone? Have any feedback?

Please send your submissions, photos and feedback to newsletter@villagebaxter.com or you can also drop off a note to your Resident Services Liaison.



VILLAGE BAXTER BOWLS CLUB

“Much more than just a bowling club”



Indoor Bowls:

Indoor bowlers continue to gather in the main hall at the Clarke Centre every Monday from about 1.00 – 1.15pm and enjoy themselves on the mat in heated comfort. The contact persons are **Joan Riley or Maureen Brett**. If you are new to the Village please contact them, just front up on a Monday and introduce yourself or ask the duty hostess (RSL).

Social Outdoor Bowls:

Our Social bowlers continue to attend our Tuesday and Saturday programs in good numbers with over 30 bowlers gracing the green, despite the awful weather.



What the Bowls Club offers new to the Village residents:

Lawn bowls is a sport for all ages and can be played all over Australia. Members affiliated with Bowls Victoria can join social bowls activities in other clubs, whether travelling outside their own club or visiting other states. It is a particularly good sport for retirees looking for leisure activities and one activity that requires a mild physical effort. **The Club offers a year round range of activities in excellent facilities and surrounds for the enjoyment of “Villagers”.**

The game of bowls:

- It doesn't require special strength, or athletic ability, body shape, or size, and is inclusive of many disabilities.
- Bowlers enjoy great camaraderie, gamesmanship and social activities.
- Pennant bowls provides a degree of competitiveness depending on the player and the division in which a player bowls.
- The game is known for the great spirit with which it is played and the lifelong friendships formed.
- Coaching is available in the warmer months and loan bowls are available for beginners.
- All that is needed is the desire to learn and flat soled shoes.

Indoor Bowls:

Contacts: Joan Riley or Maureen Brett.

Coaching by arrangement

Refer Centre Notice Boards, or ask the Hostess.

Bowls - Mondays at 1.15pm in the Clarke Centre - check notice board for details of times and any changes.

Outdoor Bowls:

Contact: The President, or Secretary

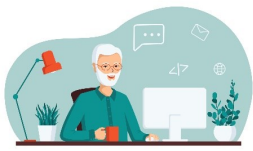
Coaching: Thursday mornings by appointment.

Refer Centre Notice Boards

Social Bowls: Saturdays & Tuesdays - check notice board for details of times and any changes.

We are a small active club with a reputation for conviviality and friendliness and we welcome new members with open arms.

Come and give us a go



COMPUTER CLINIC



GENERAL:

You all should have changed to a different email service by now. The cclinic has in fact deleted all the obsolete "@thevillagebaxter.com.au" addresses in our list – so if you know someone who doesn't get these reminders anymore – you can tell them why!

If you are having difficulties with your device, or system, please let John or Chris know in advance and come to a clinic meeting and they will try to resolve your issue. If any of the topics mentioned below interest you please come and try a "cclinic" session.

Contact details are:- **John Thompson 5971 6833 or Chris McMillan 5971 6865.**

FAMILY CONTACT THROUGH ZOOM:

If any Villager would like to have a "virtual" face to face meeting by computer with distant family or friends to celebrate birthdays, anniversaries, or just a chat "or whatever", the Computer Clinic can help you arrange to set up these meetings. We now have a computer in the computer room at Parkside set up with "Zoom" for either an individual or small group, free of charge. Contact John or Chris should you wish to avail yourself or family of this service.

The Village Baxter Computer Clinic

**At Parkside
Internet Café**

**We've now added a
Genealogy Group:
3.15pm on
4th Tuesday**



Meetings held at The Parkside Centre on 2nd & 4th Tuesday of each month from 2.00pm - 4.30pm with a refreshment break at 3pm.

We cater for all levels of experience, covering Windows & Apple products such as desktops, laptops and tablets including iPads, iPhones plus Androids and other smartphones.

You also get to meet & socialise with people that have similar interests. A \$2 donation covers costs and helps run our equipment. Just come along, email cclinic3@gmail.com for more info, or call:

- John Thompson - 5971 6833
- Chris McMillan - 5971 6865

UPCOMING MEETINGS:

- Tuesday 9th August—from 2pm.
- Tuesday 23rd August—from 2pm. (Including the Family History (Genealogy) Session).

New Members are always welcome



CROQUET CLUB



The Village Baxter Croquet Club Members are enjoying their games, although the weather has been very cold. Our attendances on Saturdays and Mondays have been very good.

On the 10th July, sixteen members of the Club travelled to Yarrowonga. We stayed in excellent accommodation at the Yarrowonga/ Mulwala Golf Club. We played Croquet every day. Some members joined in with the local Croquet Club in the mornings and we all played in the afternoons.

The Croquet greens at Yarrowonga are the full size and we had fun challenging ourselves to make the distance with our balls. Here at Baxter our green is much smaller and so we adjust to what we have. We had great fun again in fine but very cold conditions. Some members also fitted in a game of golf. At night we ate together at different restaurants. We returned home rather tired but thoroughly invigorated and happy. We plan to return again next year.



FINDING OUR FEET



Please come and enjoy the fun at our walk aerobic class.
You can do as little or as much as you feel is right for you.
Wheelie walker owners welcome!!
We finish off the hour with a cuppa and a chat (sooo good).



OLD TIME DANCE



60's and 70's Dance - Normally held on the 15th of the month.
Please note we have had to postpone the dance until October 15.
Sorry for any inconvenience but the weather and some holidays have become a problem for the moment.

FOUND: HEARING AID

Approximately 6 weeks ago a hearing aid was found on the footpath close to the Robinsons Centre. Its an Amplifon brand, right ear piece and it appears to be new and in good condition. Someone must be looking for it; if any one thinks it may be theirs please see Michelle in the Robinsons Centre.





CALL FOR VOLUNTEERS

Hi Villagers!

The Manor is looking for Volunteers! We would love to have people who could help out with the following:

- * Keeping our Library tidy and up to date and start a library service for our residents. (Could suit someone who could give an hour or two a month)
- * 1:1 visits with residents who like someone to visit and talk with them. This would suit someone who can give about an hour each week.
- * People who love to potter in the garden to assist with our Garden Group once a month.
- * People who love to play cards (500, bridge etc) to come and play once a week or fortnight with our residents.
- * People who can knit and crochet to help with our Knitting afternoons on a Wednesday each week.
- * People who like to help with art and craft sessions. This may suit people who can give an hour a week/fortnight or even a month.
- * People who know Tai Chi and how to meditate could assist with our Wednesday morning sessions each week or if you cannot do weekly then maybe fortnightly or monthly.

Volunteers must have the following to enter the Manor:

- Current Covid 3 vaccination status
- Current Flu Vaccine status

Please give us a call today or send us an email to come visit and speak with us.

59716 355 or manorlifestyle@villagebaxter.com

Shelley and Dee, Lifestyle Coordinators, The Manor, Village Baxter



SOCIAL CLUB



Wednesdays at Roundabout Café—10:30am
3rd, 17th, & 31st of August

Thursdays at Village Café—10:30am
11th & 25th of August

ALL WELCOME. We are not really a club, just a group of people who enjoy meeting once a fortnight to have a coffee and a chat. Maybe we should call ourselves “Occasional Company”. If you enjoy other people’s company, why not come along and see for yourselves. You don’t have to come every time, or on a specific day, whatever suits you.

No fees or initiation ceremonies, no structure, no office bearers (don’t have an office or any bearers) just good company and a laugh.

Bob Peachey (266) 0490 552 847 or 5971 5291



RECIPE: TOMATO SOUP

Ingredients

- 4 Tablespoons unsalted butter
- 1/2 large onion, cut into large wedges
- 1 800g (or 2 x 400g) Canned tomatoes, peeled or crushed
- 1 1/2 Cups water, or chicken/vegetable stock
- 1/2 Teaspoon fine salt, or more to taste

Method

Step 1

Melt butter over medium heat in a Dutch oven or large saucepan.

Step 2

Add onion wedges, water, can of tomatoes with their juices, and 1/2 teaspoon of salt. Bring to a simmer. Cook, uncovered, for about 40 minutes. Stir occasionally and add additional salt as needed.

Step 3

Blend the soup, and then season to taste. The soup doesn't need to be ultra-smooth, some texture is a nice touch. An immersion blender does make quick work of this, or you can use a blender. If you use a regular blender, it is best to blend in batches and not fill the blender as much as you usually would since the soup is so hot. A tip is to remove the centre insert of the lid and cover it with a tea towel while blending — this helps to release some of the steam and prevents the blender lid from popping off (which can be a big, hot mess).



Makes 2 generous servings



OPERATION CHRISTMAS CHILD



Operation Christmas Child

The boxes are coming!

Distribution will begin on September 5th

See the September *Village Voice* for more details.



Pack a Shoebox Gift for a Child in Need

Another Residents' Association Production
by popular demand

The Australian Welsh Male Choir

Côr Meibion Cymreig Awstralia



2:00pm

Sunday 14th August

Clarke Centre

Afternoon Tea provided

Admission: Gold Coin

Funds to augment facilities
throughout our village.

www.awmc.org.au



FROM THE CHAPLAINS

From the Chaplain

Over the past 17 years, I have been the drummer/ percussionist for a band called Sons of Korah. We do contemporary versions of the Old Testament Psalms using a variety of musical styles; Latin American, middle eastern, Celtic, folk and anything else that suits us! The band has been going for over 25 years, and we have played concerts all over the world.

The Psalms were originally song lyrics intended to be performed to the accompaniment of musical instruments. Essentially they are the prayers, reflections and declarations of God's people, and they cover a wide range of emotions, including praise, despair, hope, fear, joy, anger and doubt.

They show us that true spirituality expresses itself in all our emotions, and allows us to be honest, open and real before God. God knows what you're feeling; you might as well take the time to tell Him, and see if he has something to say?

I think it's a bit like talking to someone who's angry.

They may say "No, I'm not angry!" with their fists closed and their heart shut.

Until they let go of the anger, by expressing it and sharing it, they cannot receive anything else in their hands or their heart !

These Psalms can show us the way that God allows us to talk to Him, letting Him know what we feel; asking Him to answer; calling on His faithfulness and Goodness.

You would know several Psalms, and many people like to hear Psalm 23, especially in tough times, as it reminds them of the faithfulness of God even as they walk "through the valley of the shadow of death".

Maybe you have read the Psalms in the past but forgotten how much they helped.

Let me encourage you to read them again, or listen to some of the Psalms the Sons of Korah have recorded on YouTube or Spotify.

I hope they will bring comfort and encouragement to you as you hear these ancient songs again.

Pastor Rod Wilson





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STAY CONNECTED

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VETERANS & RETIREES. FIONA WILL COME
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5971 4180

Michael Weigert – Dental Prosthetist

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Emergency Denture

Repairs / Relines

Phone: 0412225202

References from any staff member at the Manor and Lodge.

CLARKE CENTRE KIOSK

*The Kiosk is open
Monday to Friday*

From 9.30am – 11.30am

Selling a variety of goods including:-

*Eggs, Milk, Bread, Frozen and
Dairy items and fresh seasonal
fruit and vegetables supplied by
the Village Veggie Gardens*



Welcoming all new patients to PFGP
All appointments are **BULK BILLED**

Dr Nita Sharma—Clarke Centre: Tuesdays 8.30-12.30
Grant Centre: Wednesdays 8.30-12.30

Dr Piotr Kalan—Clarke Centre: Thursdays 8.30-12.30

**Please call reception to make an appointment
on 9781 3300**

1B VERA STREET, FRANKSTON

PH 9781 3300 FAX 9781 3399 www.pfgp.com.au

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Find out why so many are giving us a try!

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We help you gain better understanding of your medications by providing free medications check
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9783 7520



- Small friendly private practice
- Accredited to provide services to pensioners, veterans and private clients
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TONY WILMS BSc Dip Aud
Visiting the Lodge & Clarke Centre

OPTOMETRIST

Katy Kalff

Optom GCOT PGDAdvClinOptom



Low Vision Consultant

Complete Eye Care

Low Vision and Contact Lenses

EVERY SECOND THURSDAY

Please contact the Grant Centre to
arrange an appointment - 5971 6364



Village Baxter



Café

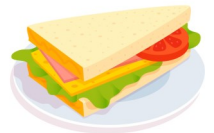
10:00am - 3:00pm

Seated or Takeaway drinks and
snacks.

Main Meal of the Day must be
pre-ordered through the Grant
Centre Resident Liaison on

5971 6364

 CATER CARE



Upcoming Public Holidays

A reminder that the Offices are closed
on all Public Holidays, including:

Grand Final Eve—Fri 23 September



KAR-FIX Victoria
227 Frankston-Flinders Road,

Frankston South 3199 VIC

Tel: 03 5971 1174

Family owned business
with the assurance of Repco.

Specialising in all auto mechanical maintenance
and repairs on **all** makes and models of vehicles.

Julian has over **30 years'** worth of experience in the
automobile industry. He prides himself on
delivering an **honest, professional** and **competitively
priced** service to all his customers whom he values.

All work guaranteed by the Repco warranty.

Come in and say hello to Julian!

SPECIAL OFFER

All Village Baxter residents get a 10% discount off
mechanical repairs

**Deadline for Submissions
for the next Village Voice**

Friday 19th August

Please send submissions to
newsletter@villagebaxter.com

Late submissions will held for the
next month's edition.



pharmacy NEO

Perri McCarthy B.Pharm MPS (owner)

Pharmacists: Bob & Devleen

TOWERHILL SHOPPING CENTRE

1/147 Frankston-Flinders Road, Frankston, Vic 3199 Australia

9781-3027 OR 9781-3833

OPEN 8.00 AM - 7:00PM Mon - Fri

9.00 AM - 6.00PM Sat & Sun

Seniors Discounts & Everyday Fantastic Pricing

COLLECTION TIMES FOR PRESCRIPTIONS
AND ANY OTHER ORDERS

**ROBINSONS, CLARKE, PARKSIDE &
GRANT CENTRE - 1:00pm & 3:00 pm**

Fax **9781-4582**

towerhill@pharmacyneo.com.au

Free deliveries on weekdays - Monday to Friday

By Sandra and Glenise

Disclaimer: Every care is taken in the course of preparing this publication, but the views expressed herein are not necessarily of The Village Baxter, nor can any representative or employee accept responsibility for any errors or omissions.

Dates and movements were correct as at time of printing.

Retirement Living Manager: Troy Boal
Chief Executive Officer: Kim Jackson

Editor: Sophie Jackson
Proofing: Heather Charman

DIARY DATES – AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7am – Veggie Group (VS) 8.45am-9.30am Mount Erin Winter Walkers (M) 9-4pm Craft (CC) 11am Exercises with Noriko (C) 1pm Indoor Bowls (C) 2pm Cards-Continental Rummy “May I” (P) 2-4 pm Cards-Solo (CM) 1.30pm Crazy Whist (CG) 2-4.30pm Croquet (M)	2 9am-3pm Art (DCA) 9.30-11am Exercises (M) 12.30pm Outdoor Bowls (C) 2pm Snooker (R) 2-4 pm Cards-Solo (CM)	3 9am – 9.30am Tyre Pumping (Clarke back verandah) 10.15am Line Dancing (C) 10.30am-12.30am Ladies Sewing/Craft Group (P) 2pm – CSG (P)	4 7am – Veggie Group (VS) 9am-3pm Pottery (DCA) 1.30pm- Cliché Fashions (C) 11am -5pm Mahjong (P) 2pm Snooker (R) 2.30pm Darts (R)	5 9.30am-11am Exercises (M) 10am-4pm Craft (RC) 1.15pm - 3.30pm Village Strummers (P) 2pm-3pm Finding Our Feet (C) 2pm-4pm The Shed 5pm – C.L.E.O. Club (C)	6 9am-12pm Croquet (M) 10.30am Outdoor Bowls (C) 1pm-5pm Cards-500 (CC)
7 10am - Church Service (CH)	8 7am – Veggie Group (VS) 8.45am-9.30am Mount Erin Winter Walkers (M) 9-4pm Craft (CC) 11am Exercises with Noriko (C) 1pm Indoor Bowls (C) 1pm-4pm – Book Club (P) 2pm Cards-Continental Rummy “May I” (P) 2-4 pm Cards-Solo (CM) 1.30pm Crazy Whist (CG) 2-4.30pm Croquet (M)	9 9am-3pm Art (DCA) 9.30-11am Exercises (M) 12.30pm Outdoor Bowls (C) 2pm Snooker (R) 2pm Computer Clinic (P)	10 10.15am Line Dancing (C) 10.30am-12.30am Ladies Sewing/Craft Group (P)	11 7am – Veggie Group (VS) 11am-3pm Crafty Critters (P) 9am-3pm Pottery (DCA) 2pm Snooker (R) 2.30pm Darts (R)	12 9.30am-11am Exercises (M) 10am-4pm Craft (RC) 1.15pm - 3.30pm Village Strummers (P) 2pm-3pm Finding Our Feet (C) 2pm-4pm The Shed	13 9am-12pm Croquet (M) 10.00am-11.30am RA Morning Tea (P) 10am-12pm The Shed 12.30am Outdoor Bowls (C) 1pm-5pm Cards-500 (CC)
14 10am - Church Service (CH) 2.00pm – Australian Welsh Male Choir (C)	15 7am – Veggie Group (VS) 8.45am-9.30am Mount Erin Winter Walkers (M) 9-4pm Craft (CC) 11am Exercises with Noriko (C) 1pm Indoor Bowls (C) 2pm Cards-Continental Rummy “May I” (P) 2-4 pm Cards-Solo (CM) 1.30pm Crazy Whist (CG) 2-4.30pm Croquet (M) 5pm Old Time Dance (C)	16 9am-3pm Art (DCA) 9.30-11am Exercises (M) 12.30pm Outdoor Bowls (C) 2pm Snooker (R)	17 1.30pm - RA Residents Meeting (C) 3pm – Book Club (P)	18 7am – Veggie Group (VS) 9am-3pm Pottery (DCA) 2pm Snooker (R) 2.30pm Darts (R)	19 9.30am-11am Exercises (M) 10am-4pm Craft (RC) 1.15pm - 3.30pm Village Strummers (P) 2pm-3pm Finding Our Feet (C) 2pm-4pm The Shed	20 9am-12pm Croquet (M) 12.30am Outdoor Bowls (C) 1pm-5pm Cards-500 (CC)

DIARY DATES – AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10am - Church Service (CH) 1pm-5pm Mahjong (P)	22 7am – Veggie Group (VS) 8.45am-9.30am Mount Erin Winter Walkers (M) 9-4pm Craft (CC) 11am Exercises with Noriko (C) 1pm Indoor Bowls (C) 2pm Cards-Continental Rummy "May I" (P) 2-4 pm Cards-Solo (CM) 1.30pm Crazy Whist (CG) 2-4.30pm Croquet (M)	23 9am-3pm Art (DCA) 9.30-11 am Exercises (M) 12.30pm Outdoor Bowls (C) 2pm Snooker (R) 2pm Computer Clinic (P)	24 10am – 11.30am Fresh & Frozen Fish (Clarke Centre Carpark) 10.15am Line Dancing (C) 1.30pm-3.30pm – Village Entertainers (CH) 3pm – Book Club (P)	25 7am – Veggie Group (VS) 9am-3pm Pottery (DCA) 2pm Snooker (R) 2.30pm Darts (R)	26 9.30am-11am Exercises (M) 10am-4pm Craft (RC) 1.15pm - 3.30pm Village Strummers (P) 2pm-3pm Finding Our Feet (C) 2pm-4pm The Shed	27 9am-12pm Croquet (M) 12.30am Outdoor Bowls (C) 1pm-5pm Cards-500 (CC)
28 10am - Church Service (CH) 2pm – 4pm Sing Along with Robyn (C)	29 7am – Veggie Group (VS) 8.45am-9.30am Mount Erin Winter Walkers (M) 9-4pm Craft (CC) 11am Exercises with Noriko (C) 1pm Indoor Bowls (C) 2pm Cards-Continental Rummy "May I" (P) 2-4 pm Cards-Solo (CM) 1.30pm Crazy Whist (CG) 2-4.30pm Croquet (M)	30 9am-3pm Art (DCA) 9.30-11 am Exercises (M) 12.30pm Outdoor Bowls (C) 2pm Snooker (R)	31 10.15am Line Dancing (C)	<p style="color: red; margin: 0;"><u>DISCLAIMER</u></p> <p style="color: red; margin: 0;">Dates & Events are correct at time of deadline 18/07/2022</p>		

Unless otherwise advised Administration Hours
8am to 4pm,
Monday to Friday

Church Services

SUN – Village Church (includes Communion 1st Sunday each month
Wed – Devotions
3rd Tues - Anglican Service – Communion
3rd Thurs – Uniting Church – Communion
4th Thurs – Catholic Mass

10am - Chapel
9.30am - Clarke Centre
1.15pm - Chapel
2:30pm - Parkside

Health @ Welfare @ Clarke Centre

Mon – Podiatry-LifeCare – 9770 2343
 Tues – PFGP-Doctor Nita Sharma – 9781 3300
 Thurs – Nepean Hearing-Tony Wilms – 9783 7520
 Thurs – PFGP-Doctor Kalan – 9781 3300

Please call Clinics to make an appointment

To place something in the Diary Dates or Classifieds contact the Village Coordinator at 5971 6364 or at villaaecoordinator@villaaebaxter.com

Useful Contact Details:

Homecare: 5971 6308 or homecare@villagebaxter.com

Grant RSL: 5971 6364 or grantcentre@villagebaxter.com

Robinsons RSL: 5971 6374 or robinsonscentre@villagebaxter.com

Clarke RSL: 5971 6381 or clarkecentre@villaaebaxter.com

Grant Consulting Suites/Medical Centre

Optometrist: Katy Kalff
 Contact Grant Centre – 5971 6364
 Appointment Times – 9am – 12pm

Doctor Nita Sharma – (Monday)
 Please call clinic to make an appointment. 9781 3300

LOCATION KEY – (C) Clarke Centre (CC) Clarke Craft Room (CG) Clarke Green Room (CM) Clarke Meeting Room (DCA) Art Room Beside Day Centre (CH) Chapel Centre (G) Grant Centre (M) Manning Centre (P) Parkside Centre (PR) Parkside Meeting Room (R) Robinson Centre (RC) Robinson Craft Room (VS) Veggie Shed

CLASSIFIEDS

CLARKE CENTRE KIOSK



*The Kiosk is open
Monday to Friday*



From 9.30am – 11.30am

Selling a variety of goods including: -

Eggs, Milk, Bread, Frozen and Dairy items and fresh seasonal fruit and vegetables supplied by the Village Veggie Gardens

Village Baxter Café

 CATER CARE

10am – 3.00pm

Seated or Takeaway drinks and snacks.

For catering purposes, hot sit-down café menu lunch meals must be pre-ordered at least one day before through the Grant Centre Resident Liaison on 5971 6364

12pm sitting for 12.15pm service.

HEMOCARE



Our services include:

- **Meals at Home**
- **Domestic Assistance**
- **Personal Care Services**
- **Shopping and Transport**
- **Respite Care**

**For Home Care, 7 days a week,
Contact:**

**VILLAGE BAXTER on
Ph: 5971 6308**

Village Baxter is a Not For Profit Community Organisation who have been providing Home and Community Care Services in the Mornington Peninsula area for over 20 years.

We have been a Commonwealth Approved Provider of Homecare Packages for over 10 years.

We take the time to understand your requirements and find the right carer for you. Beginning with the provision of a single service tailored to meet a specific requirement, through to the development of a complete package of services, Village Baxter is here to help you. We are committed to enriching the lives of consumers in our community.


VILLAGE BAXTER
every person cared for, every person valued

OPTOMETRIST

Katy Kalff

B.Optom GCOT PGDAdvClinOptom



Low Vision Consultant
Complete Eye Care
Low Vision and Contact Lenses

Please contact the Grant Centre to arrange an appointment - 5971 6364

Peninsula Family General Practice

Dr Nita Sharma – Grant Centre
Every Monday Morning

Dr Nita Sharma – Grant Centre
Every Tuesday Morning

Dr Piotr Kalan – Clarke Centre
Every Thursday

Phone (03) 9781-3300 to make an appointment

**Have something you would like to put
in the classifieds?**

**Contact Anne Maree on 5971 6364 or
villagecoordinator@villagebaxter.com**



HOW TO WASH YOUR HANDS

PROTECT YOURSELF AND OTHERS AGAINST INFECTIONS



WET HANDS



APPLY SOAP



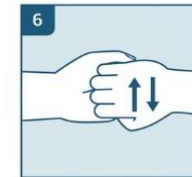
RUB HANDS
PALM TO PALM



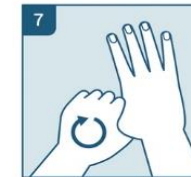
LATHER THE BACKS
OF YOUR HANDS



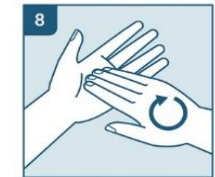
SCRUB
BETWEEN YOUR FINGERS



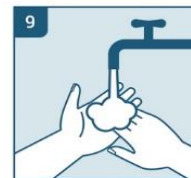
RUB THE BACKS
OF FINGERS ON
THE OPPOSING PALMS



CLEAN THUMBS



WASH FINGERNAILS
AND FINGERTIPS



RINSE HANDS



DRY WITH
A SINGLE USE TOWEL



USE THE TOWEL
TO TURN OFF THE FAUCET



YOUR HANDS ARE CLEAN

APPLICATION OF HAND SANITIZER



APPLY THE PRODUCT ON
THE PALM OF ONE HAND



RUB HANDS TOGETHER



COVER ALL SURFACES
UNTIL HANDS FEEL DRY
(20 SEC)