

Quality of Life and the types of care and support that may improve each stage.

Retirement Living

When someone is living in their own home in the wider community, the choice to move into a retirement village usually comes from one of 3 main reasons that improve quality of life: maintaining a home and garden is becoming difficult, health and wellbeing changes are starting to impact everyday life, or social and community connections are hard to maintain. Choosing to live in a home and property owned by someone else is a deliberate and net positive choice that improves overall wellbeing. Residents are completely independent with all of their social, care and support needs, just as they were when living in the wider community.

Community Care

When living independently and it is beginning to be difficult to get daily chores done, seeking support from a Community Care Program can improve quality of life and wellbeing. Prior to the creation of Home Care Packages, this kind of care was only provided in Hostels, and Residents had to move from independent living into the Hostel. The overwhelming response from older people was that they wanted to receive this kind of care at home and after a Government enquiry, Home Care Packages were created and Hostels were required to provide the same kind of care as nursing homes. Our old Hostel was not built in a way that could safely provide Nursing Home level care and most of the Hostel closed with some units converted into independent living apartments. It is important to understand that we continue to provide the same kind of care that was provided in the Hostel – the only difference is that you get this care in your unit (or home in the wider community).

Community Care Services may improve quality of life when: It is difficult to do domestic chores like cutting up vegetables, pulling the wet washing out of the machine or changing the linen on the bed, grocery shopping or getting to appointments. (Home Care Packages and Veterans Home Care Programs provide this support). If some personal care tasks are getting harder like turning on the shower, washing feet or reaching down to put socks or stockings on (Home Care Packages and Veterans Home Care Programs provide this support). When it's harder to get to the social and community events and someone is missing social connections (Our Day Centre is a Seniors Social Support Group). Government assessment and approval is required to access Government funded Community Care Services. Private homecare is available on a fee for service basis.

Residential Care

The highest level of Government funded aged care support is provided in Residential Aged Care (what we used to call Nursing Homes). The Government planning ratio of Residential Aged Care Places to people over 70 years is 60.1 places per 1000 people. In May 2023 we had 536 Residents living in the Village and our Village Manor provides 64 places which is a ratio of 119 places per 1000 people. These additional places allow us to offer places to people from Rosebud Village and our Community Care Programs as well as families of Residents and Staff. Eligible Village Baxter Residents are always given priority. At least 40% of our places must be "supported places", provided to pensioners who need some or full Government Assistance with their cost of accommodation. This directly connects to our Charitable mission and status and requirement to provide affordable housing to people who have limited financial means. The Government funding model for Residential Aged Care is based on mobility, and the assumption that if someone is independently mobile, their care needs and quality of life are best supported at home.

Residential Aged Care may improve quality of life when: someone is no longer able, even with a wheelie walker, to walk to get mail from the community centre. They need assistance or supervision getting showered, dressed or going to the bathroom. Going to social events, activities or the Day Centre is simply too exhausting. They have complex medical conditions that need the supervision and support of a Registered Nurse or cannot safely manage medications even in a Webster pack. They may have memory issues that prevent them from safely living alone and looking after themselves and would feel more secure in a smaller, more stable, supportive environment.

The type of care provided in the Village has not changed; the changes have been to *where* that care can be provided and how much Government funding is available for it. If you have any questions about community care, please contact our Homecare office on 59716308 or if you would like to know more about Residential Care, please talk to Judy our Village Nurse Team Leader. You can also visit www.myagedcare.gov.au

Just a reminder that the Company Annual General Meeting of Residents will be held in the Chapel on Tuesday 26th of September at 10am. All Residents are welcome.



Announcements

⇒ Welcome ⇐

We welcome the following new Residents and wish them well in their new home.

No new residents this month

⇒ Congratulations ⇐

The following Residents have achieved memorable years of occupancy.

10 Years

Helena Adams
Helen & Geoff Billson

15 Years

Rosemary Chesney
Isabel Broad
Marian & Norman Evers
Betty Mosig
Marjorie Mitchell
Ron & Mary Cooper

20 Years

Keith & Marjorie Slow

⇒ Transfers ⇐

The following residents have transferred within the ILU, to the Manor, an Apartment, or to the Community.

We wish them well in their new home.

Community

Judith Poliness

Manor

Margaret Kindler

⇒ In Memory ⇐

Sadly, we advise the following residents have passed away and we extend our sincere sympathy to their family and friends.

Eugen Jung—Unit 191

William 'Bill' Morris—Unit 287

Ray Baker—Suite 804

Joyce Westhorp—Unit 353





FROM THE VILLAGE MANAGER



Welcome to our September '23 edition of the Village Voice.

Embracing the Splendour of Spring: A Season of Renewal and Rejuvenation

As the cold grip of winter gradually releases its hold, nature awakens with a burst of vibrant colors and fresh scents, signalling the arrival of spring. This magical season (and my favourite), often referred to as the "rebirth" of the year, brings a multitude of benefits that extend beyond its picturesque landscape. From the revitalization of flora to the restoration of our spirits, spring holds a special place in our hearts and the natural world.

The Essence of Spring: Renewal and Growth

Spring, often associated with renewal and growth, marks the transition between winter's dormancy and summer's full bloom. This transition is a spectacle to behold, as trees that once stood bare now don delicate coats of tender green leaves, and flower buds that lay dormant suddenly burst open with an array of color. This transformation is symbolic of the resilience of life itself, reminding us that even in the darkest of times, there is always a glimmer of hope.

A Symphony of Colours: Spring Flowers in Bloom

One of the most enchanting aspects of spring is the emergence of a stunning variety of flowers. As the ground thaws and the days lengthen, a plethora of blooms come to life, transforming once-gray landscapes into a kaleidoscope of colors. Among the most popular spring flowers are tulips, daffodils, hyacinths, and cherry blossoms. These blooms not only add a visual spectacle but also fill the air with their intoxicating fragrances, creating an immersive sensory experience.

The Benefits of Spring: A Time for Rejuvenation

Beyond its aesthetic allure, spring offers a range of benefits that touch both the environment and our well-being. Here are a few reasons why spring is cherished by many:

- 1. Mood Elevation:** The increase in sunlight during spring has a direct impact on our mood. Exposure to natural light triggers the release of serotonin, a neurotransmitter associated with feelings of happiness and well-being. The longer, sunnier days of spring can help alleviate the winter blues and boost our overall mental state.
- 2. Outdoor Activities:** Spring's mild temperatures provide the perfect backdrop for outdoor activities that promote physical health and social interaction. From picnics in parks to hiking through forests, the season encourages us to step out of our indoor cocoons and embrace the joys of nature.
- 3. Allergy Alleviation:** While spring brings an explosion of pollen from flowers, it also signals relief for those who suffer from winter allergies. The transition from cold to warm weather helps clear the air of indoor allergens, providing respite for many allergy sufferers.
- 4. Cultivating Connection:** Spring fosters a sense of connection to the natural world, fostering an appreciation for the cycles of life and the importance of preserving our environment. Gardening and tending to plants become popular pastimes, allowing individuals to connect with the earth and cultivate a sense of responsibility for its care.
- 5. Symbolism of Renewal:** Spring's symbolic significance as a season of renewal and new beginnings translates into personal growth. Just as flowers push through the earth to greet the sun, spring encourages us to embrace change and embark on fresh journeys.

In conclusion, spring is a season that beckons us to emerge from our winter retreats and embrace the vibrant world outside. Its role as a harbinger of renewal and growth resonates deeply within us, and its benefits extend beyond the aesthetic realm. As we revel in the beauty of blooming flowers and bask in the warmth of the sun, let us also take a moment to reflect on the profound impact that this season has on our well-being and our connection to the natural world.

Warm Regards,

Dawn Tanner, Village Manager



CHAPLAINCY SUPPORT GROUP



Our group meets on the first Wednesday of each month in Parkside to plan events in support of our Village Chaplains. Following the meeting, we enjoy an afternoon tea. [Newcomers are very welcome.](#)

Please note the upcoming event for this month. See brochures for more information.

Sunday September 10th at 2.30 pm in the Chapel - Pleasant Sunday Afternoon with The Couriers.
Wednesday September 27th at 1.30 pm in Parkside - Transition in Aged Care.

Open Day. If anyone would like to contribute to the cake stall (cakes and preserves) in Parkside on Open day please contact Brenda Bavinton on 5971 2291 for more information.

The Shed Op Shop

The Shed will be open in September on Friday 1,8,15,22, from 2-4 pm.
(Closed 29th being a Public Holiday).

Please note that the Shed will not be opening on Saturdays for the time being. The focus will be on Market days which occur 3 times a year.

If you have goods for the Shed, please phone Maree or Bernie on 5971 4079 and they will advise you what items are acceptable and when they may be delivered . Just a reminder not to leave items outside the Shed where rain, wind or sun may ruin them!

The Shed will be closed on days of extreme wet or cold weather.

For those who are new to the Village, the proceeds raised at the Shed go toward the support of our Village Chaplains.

* * * * *

Following the CSG AGM on Wednesday 2nd August

the following members have been elected to be part of the CSG Executive Committee.

*President: **Margaret Stewart***

*Treasurer: **Mavis Walters***

*Secretary: **Irene McGladdery***

*Executive Members: **Anne Haylock and Brenda Bavinton***

*Retired members: **Margaret Knight and Sylvia Williams.***

* * * * *

Irene McGladdery
Secretary

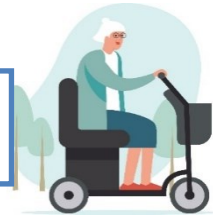
Have something that you would like to share? Want to thank someone?
Have any feedback?

Please send your submissions, photos, and feedback to
newsletter@villagebaxter.com

or you can also drop off a note to your Community Centre Receptionist.



SCOOTER TYRE PUMPING



Dean from Mobility Help will be at Clarke Centre on the back verandah on **Wednesday 13 September** for Tyre Pumping between 9am - 9.30am.

Attention

Mobility Scooter Users

Do you have issues using your mobility scooter within the Village?

Please put your name and contact details on the lists which will be available at the Community Centres from 1 September 2023 to 30 November 2023

Marie Newton (210), who is a member of the VBRC will contact you to discuss



CONTENTS INSURANCE



Village Baxter Unit Build details for Insurance

The following information will be of assistance when answering questions to obtain your own quotes and insurance policy.

All Village Units are brick veneer with a tiled roof.

Units 1 – 15 were built in 2011, Units 16 - 31 were built in 2012, Units 35 -37, 42 – 45 were built in 2016, Units 35 -37, 42 – 45 were built in 2016, Units 32, 34 38, 39 were built in 2017, Units 40, 41, 46, 47 were built in 2018, Units 48, 49, 50, 51 were built in 2022, Units 52, 53 were built in 2023, Units 54-57 were built in 2020, Units 77 to 144 were built in approximately 1973, Unit 145 to 197 were built in approximately 1986, Units 201 – 418 were built in approximately 1978, Units 200 A to 200 K were built in 2015, Units 900-920 were built in 2004, Units 921 – 924 were built in 2019, Units 925 – 960 were built in 2008, The Apartments were built in 1981, The Manor was built in 2003.



THE VILLAGE STRUMMERS



“I always wanted to learn a musical instrument but somehow it never happened....”

If that’s your experience come and try ukelele. It’s a great little instrument!

We sing as we strum so both voices and fingers get a valuable workout.

We’ll lend you a ukelele to start off and teach you the first three chords. Soon you’ll be playing along with the group. We are always

practising for our next performance or just playing

for pleasure and fun.

Acoustic Guitar Players Welcome!!

Why not pop into

Parkside one Friday afternoon

between

1:15pm and 3:00pm to hear the ukes,

or after 3pm if you just want to

Chat over a cuppa.

If you like singing along join us to do just that.

For more information phone

Robyn Thatcher 0412 331 011 or

Marg Smith 0499 919 005



the Ukelele

This small 4 stringed instrument is a big part of the folk culture of Hawaii. Modeled after an instrument brought to the islands from Portugal, the ukelele's name translates to "jumping fleas", a unique way to describe what it looks like when the instrument is played.



VILLAGE SPEED LIMIT



**A Reminder to all RESIDENTS, VISITORS, FAMILY MEMBERS, STAFF
AND CONTRACTORS**

The Village has a strict speed limit of 20km/h

We would appreciate everyone respecting this; we would like to keep everyone safe!

Thank you



RESIDENTS' ASSOCIATION

One morning recently I woke up to hear the radio telling me the results of yet another study of reported loneliness in our population. I know the researchers said that the loneliness wasn't directly linked with the use of social media, rather how we choose to use it. But what does that mean? I imagine we've all seen it – Mum or Dad pushing a small child along while totally engrossed in whatever's happening on their phone. How on earth do they think their child is going to learn the names of what's around them or even to learn words themselves if no one's talking to them? I can only assume they're going to grow up without understanding that learning to connect with other people is one of the most important skills we learn for making a happy life. And that we get better with practice. As residents of Village Baxter the opportunities for connection are all around us - we can tap into all sorts of groups via our skills and/or interests. Some take to it like ducks to water, as they say, others need encouragement. We can become part of big groups or little groups– all we need to learn to do is find out what's on offer. That's where the Village Voice has an enormous part to play but there are also supplementary sources of information.

You may never have taken much notice of those red revolving signs in the mailrooms if you collect your mail from Clarke or Parkside or in the foyer if you collect it from Robinsons. The LED signs belong to the RA and regularly feature RA and CSG activities. Except on busy months we usually have segments to spare and so are happy to list the activities of other groups – new ones starting up or established ones aiming for a wider audience. Just let us know if you'd like your group "up in lights". The timing is not always ideal but we do try to change the information that circulates close to the end of the month so that we're set up and ready to go when the new month begins.

We're also pretty proud of our use of the old-fashioned mail box drop – one flyer, one idea. All we need to do is get the size just right for fingers that are less nimble than they used to be, the right words printed in the right size for easy reading, that we've made sure it appears at the right time and that we're not overusing them. Simple – well, you'd like to think so anyway and, if I'm doing it by myself (but it's a job easily shared) it only takes me about 90 minutes on foot to do a whole-of-Village mailbox drop – that is if I don't come across too many people to talk to!

Deborah Haydon
Secretary

Diary Dates for September:

Saturday 9th—RA morning tea Parkside 10-11.30am

Wednesday 13th— Tyre Pumping Clarke back verandah 9-9.30am

Wednesday 20th— RA General Meeting the Chapel 1.30pm

Thursday 21st - Cliché Clothing Company Clarke 1.30pm

Pete's Jokes for July: yet more senior thoughts.

There is no such thing as a grouchy old person. The truth is that once you get old, you stop being polite and start being honest!

Common sense is like deodorant -the people who need it the most never use it.

People who ask me what I'm doing tomorrow probably assume I even know what day it is today.

Some call it multi-tasking, I call it doing something else while I try to remember what I was doing in the first place.

Crossword

fruits crossword

1

2

3

4

5

6

7

8

9

10

Down: 1 Strawberry, 4 Grapefruit, 5 Raspberry, 7 Pear
 Across: 2 Kiwi Fruit, 3 Mango, 6 Apple, 8 Plum, 9 Blueberry, 10 Orange

Answer Key



VEGGIE GROUP

It has been a busy time in the vegetable gardens over the last month.

We were able to raise several of the garden beds to a height that makes it a little easier on our aging bodies. All we have to do now is raise the soil to the same level, a task which is quite challenging. Many of us have found that soil has built up on the path beside our beds and we can put this to good use in the new garden bed.



In the greenhouse we have had a problem with the heat mats as the power source fused the control, burning it out. This has now been repaired just in time for the tomato seedlings which are being prepared for Open Day.

Coral is a very busy young lady at this time of the year preparing the tomato seedlings and appreciates every bit of help that comes her way.

Jim and Dick have at last been able to go through our 'amazing'

collection of garden tools in the shed and have sorted out those that are in excess of our needs. If anyone is looking for a garden tool we may just have the one you desire.

We are hoping to sell a few on Friday afternoon, 8 September.



Looking around the veggie garden we see a lot of broad bean plants growing furiously, as well as lettuce & broccoli, and my beetroot is finally coming through. The poor old rhubarb is slowing down as, like me, it doesn't like the cold.

Rod has been busy planting potatoes, spring onions, leeks and much more as well as raising seedlings in the glasshouse.



A gentleman wandering through the patch asked if we had any fennel growing. The answer is yes as seeds have been planted but the packet tells me he will have to wait 14 weeks before they are ready.

On the 13 September we are holding a life member's luncheon and if you are (or have been) a member of the vegetable garden group you and your partner are welcome to join in. Contact myself or Marian Eyers and we'll book you in! (U935)



We have several full or half garden beds available should you wish to join us, no experience necessary. Just contact myself or Graham Wilson.

Cheers,

Norm Eyers U935



VB CROQUET CLUB



Members of the Village Baxter Croquet Club thank Management for completing a project at our green. This project was to rectify a Health and Safety problem we had with our players and our green. The Croquet green is level but it is elevated on two sides of the ground. Our balls can regularly roll off the green and need to be retrieved. As we are all getting older the stepping down off the green and stepping up was a risk of a fall factor for players.



Playing Croquet is a benefit to all participants, as we are out in the sunshine, infact all weathers, we are exercising, stimulating our brains re. tactics and enjoying others' company. We didn't need a risk factor in our way. A fence has been built around the high sides of the green.



We had another project too; that was a seat to be placed out in the sunshine. The Men's Workshop has put this seat together for us and it is placed on a concrete slab in a good position.

We are so appreciative that this project has been completed. We have a lovely group of members and we all enjoy our games and socialising activities.

Last week, 13 members of the Club went away to the Yarrawonga, Mulwala Golf Resort. We joined in with the Croquet Club there and played Croquet every day. We had a wonderful week and enjoyed our games, our accommodation and company. Even the weather was kind to us. I have included a few photos of our green and our trip.

You may be interested in joining our Club one day. We make everyone feel welcome.

Glenda Baker
President/Secretary VBCC





SOCIAL GROUP



Social Club September Dates

Village Café 7th and 21st

Roundabout Café 13th and 27th

Always at 10.30am

Owing to circumstances beyond our control, cost of living pressures, interest rate hikes, raging inflation, rental crisis, international supply chain issues, NDIS, Voice referendum, maintaining my holiday homes and my extravagant lifestyle, it is with deep regret and a heavy heart that a decision to increase, double, treble the yearly membership fee has been made. We understand this will cause hardship to some members, so we will provide payment plans and counselling services if required, at your expense of course.

We are always here if you need us.

The Christmas in July was a success, we had 14 at our table and I think most people enjoyed themselves.

Hoping the Little Taste of Italy will be as good.

I sent a group text to everybody with a mobile phone regarding the Italy night. This will be my preferred method of communication in future. If this causes any problems, please contact me. For those who do not own or use a mobile phone I will contact you by landline, but only if you have attended the coffee mornings in the past few weeks. If the text is not answered I will assume you are not interested in the activity. If you put me in your contact list, I will be identified when I contact you.

Bob Peachey (266) 0490 552 847 5971 5291



MEN'S BRUNCH



**** We will only be catering to order****

9.30am at Parkside
\$5.00 pay on the day

ALL MEN WELCOME

**Please enter via the main entrance
at Parkside only**

Men's Brunch at Parkside at 9.30am on the
3rd Tuesday of every month.

Great morning for the men where they can enjoy a
delicious egg and bacon sandwich with coffee, tea,
and great conversation.

**Please RSVP for CATERING PURPOSES your details on
the notice boards at Grant, Robinsons, Clarke &
Parkside.**

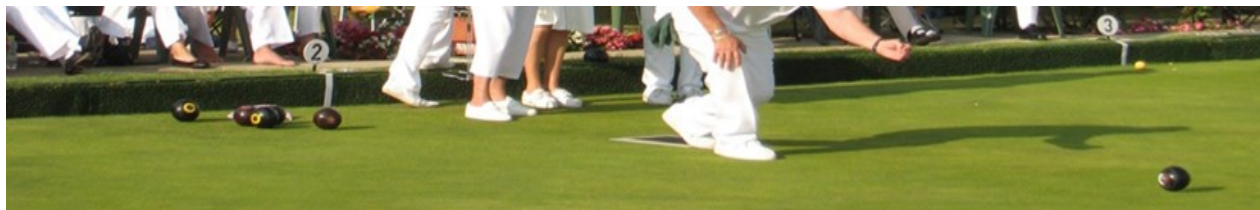


VILLAGE BAXTER BOWLS CLUB



Much more than just a bowling club

Benefits of Joining the Bowls Club



The Club offers the chance to join like-minded people, who like to get out and about in a healthy, fun-loving environment. Our Club offers a year round range of activities in excellent facilities and surrounds for the enjoyment of "Villagers". These include:

Introductory offer: New 'Villagers' - get 12 months membership FREE"

- Outdoor lawn bowls – 12 months of the year. (Subject to weather).
- A first class artificial green.
- Midweek Pennant Bowls in season. (Tuesdays).
- Twilight Bowls following the start of daylight saving. (Subject to weather).
- Social Bowls all year round. (Tuesdays & Saturdays)
- Healthy Heart Bowls day in conjunction with the Peninsula Private Hospital.
- Bowls coaching for beginners & those with correctional issues.
- A limited array of outdoor loan bowls are available for new bowlers.
- Indoor Bowls with bowls provided by the club. (Mondays)
- A year round variety of Social Activities. (Fish & Chip Nights, Pizza Nights and Special events).
- Members' Bar on events day.
- Afternoon tea provided by both groups for participants.

We are a small active club with a reputation for conviviality and friendliness and we welcome new members with open arms.

Indoor Bowls

Our great facilities, air-conditioned warmth, have attracted good numbers in recent weeks and there is a great camaraderie to boot. If you wish to find out more about Indoor Bowls you can contact Joan Riley or Maureen Brett, or the Clarke Centre receptionist Meridee. Action is on Mondays starting from about 1.00 – 1.15pm. You are invited to come to the Clarke Centre on Mondays to watch and/or join the fun if you wish.

Just come and get involved.

Social Outdoor Bowls

Winter bowls is running smoothly with good attendances as usual, even though there have been some challenging weather conditions and in some cases we only played one game before the heavens opened. Don't forget, the Tuesday bowlers now enjoy some hot treats when they return to the club house after bowling.

Baxter Village Market Day



The Bowls Club provided the Devonshire teas and little party pies and sausage rolls as its contribution to the day. Bowls Club Providore Noeleen Bates and Sue Hinds baked over 120 scones for the day and with the help of the Social Ladies Goup including – Val Berger, Viv Jones, Lorna McDonald, Mary Fraser, Sue Grogan, they served over 120 patrons, collected the used dishes, cleaned the waste, washed the dishes and left the Green Room in pristine condition for the bowlers that afternoon. Thank you ladies.

New Members

A warm welcome to our newest member Gabrielle Byrne, hoping you have as much fun as a member as we do.

FYI – Bowls Show

Viewing – For those interested on Sundays at 3pm, channel 72 & repeated on Wednesdays at 2.30pm; great bowling can be viewed on this station.

Calendar

Upcoming Events for Members

2023

- 20th September - **Fish & Chip Night** - \$10 per head.
30th September - **Grand Final Day** – *Pies, Pasties & Sausage Rolls* - \$5 per head.

Twilight Bowls

- October 13th January 12th
November 10th February 18th
December 15th March 15th

- 7th November - **Cup Day** - \$20.
14th December - **Christmas Dinner** - (*Clarke Centre; includes entertainment*) - \$30.

2024

- 1st February - **Pizza Night** - \$10.

Indoor Bowls:

Contact: Convener
Coaching: by arrangement
Refer Centre Notice Boards

Bowls - Mondays 1.15pm at Clarke Centre
- check notice board for details of times
and any changes.

Outdoor Bowls:

Contact: The President or Secretary
Coaching: Thursday mornings by appointment.
Refer Centre Notice Boards

Social Bowls - Saturdays & Tuesdays
- check notice board for details of times and
any changes.

Much More than just a Bowling Club!



Village Baxter **Free Bus Mystery Trip**



Mystery Trips are held on the 1st and 2nd Wednesday afternoon of the month.

The bus driver decides on where you will go on the day, making sure it is somewhere with toilet facilities and a café close by if you would like to buy your afternoon tea instead of bringing it.

Please arrive by 12.45pm for collection at Clarke and Manning Centres.

You are usually back at the Village between 4pm-5pm.

Please book with the Clarke or Robinsons Community Centre Receptionists, as seating is limited.



RESIDENTS' WORKSHOP



HOME PROJECTS

The workshop is generally open between the hours of 9:30am – 12:00 noon

Located near the Greenhouse/Veggie patch

*Contacts: **Don Hunt 0427 597 132** or **Graham Wilson 5971 2536.***

Visit the workshop and speak to the members about your requirements.

Do you want to join the group? Do you need assistance completing a project or simple repairs?



VB COMPUTER CLUB



Join the...

Village Baxter Computer Club

Learn

Share

Help

New members
always welcome!

A fun, friendly environment for residents new to Tablets, Smartphones & Computers, or for those just wishing to update their knowledge or solve a problem.

**We meet every 4th Tuesday
at Parkside, from 2pm - 4pm
with a break for refreshments.**

For Windows or Android help:
please call John on 5971 6833.

For iPad/iPhone help call Chris on 5971 6865.

Annual membership is only \$20 and includes access to the internet in all community centres.

Call for more details or email: cclinic3@gmail.com



WINTER WALKERS



One of the Winter Walkers' groups from Mt. Erin year 9 with resident John Casey: Ryan, Ethan, Cordell and Sebastian. It seems that students and residents alike enjoy the interaction.



BOOK GROUP



Book Group 2023

Enjoy Reading ? Like Sharing your Thoughts ?

Small Group Meeting Monthly & A New Book each time

You choose from a Wide Book Selection

4th Wednesday of the month @ 3pm to 4.30pm in Parkside

Contact Neil or Sandra Graham 5972 8941



PINCHAPOO



On Friday, September 1, Pinchapoo collection boxes will be placed in Clarke, Grant, Parkside and Robyns Community Centres. They will be there for the month of September to receive donations for this very worthy cause which assists millions of people every year.

Boxes will be removed on Saturday, September 30.

Boxes will be available to accept donations during office hours. (9am—3pm Mon to Fri)

Your assistance with this collection will be greatly appreciated!

THANK YOU in anticipation!!

Heather Charman



CLARKE CENTRE KIOSK

The Kiosk is open Monday to Friday

9.30am – 11.30am

Selling a variety of goods including:-

Eggs, Milk, Bread, Frozen and Dairy items and fresh seasonal fruit and vegetables supplied by the Village Veggie Gardens.

Just a reminder we are looking for Volunteers either 2 hours a week, fortnight or month.

Please call **June Austin 5971 1780** or **Lesley McMillan 5971 6865** for more details.



VILLAGE CAFÉ



ANNOUNCEMENT

Dear Residents and Staff,

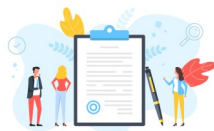
I am very pleased to announce a new operator who will be moving into the Village Baxter Café in September. David and his team are very experienced in the catering space, they are passionate to build and grow their business with us here at the Village.

Dawn Tanner
Village Manager



David Mooney is a qualified Chef with over 35 years of experience in hospitality services, including restaurants, catering and food manufacturing.

His company, Mooney's Fine Food, has delivered outstanding food products to the Mornington Peninsula region with great reviews and has established a fine reputation for quality and care. We are excited to provide your community with the best possible service and products in the new Mooney's Café Village Baxter. We are looking forward to meeting you all soon.



BY-LAWS OF THE MONTH



If you'd like to brush up on your Village By-Laws, they can be found on our Website at the link below

<https://www.villagebaxter.com/wp-content/uploads/2021/02/Bylaws-2018.pdf>

by scanning the QR code, or in your copy of your Lease Agreement.



9 — PREMISES FOR RESIDENTIAL USE ONLY

The Resident shall during the continuance of the Term use the Premises for residential purposes only unless the Resident shall have first obtained the written consent of the BVB.

10 — WRONGFUL USE OF PREMISES

The Resident shall not use the Premises or any part of the Village or permit the same to be used for any illegal purposes or in breach of any By-Laws of the Village. Nor shall the Resident act in such a manner as unreasonably to interfere with the use and enjoyment of the Village or to cause a disturbance, nuisance or a hazard, or to be offensive to another Resident or his family or visitors or to employees of or contractors to BVB or to owners or occupiers of any property adjoining the Village.



VILLAGE BAXTER RESIDENTS' COMMITTEE



Report for Village Voice September 2023

Meeting held on 11th August 2023

There was an opportunity to meet Kim O, Teresa T, Vickie M – members of the Accounts/Billing Team. Kim and Teresa explained their various roles within the Village and Vickie introduced herself and her background. We were able to express our appreciation to Teresa Terrill on her retirement.

Action Item topics that the Committee has asked Management to address on behalf of all Residents

- Electric Vehicle Fire Risk Mitigation
- Concerns over the storage area near the electrical substation in entry 3
- Voting procedures for VBRC member elections
- Request for an article to be published about services planned for Residents as they age
- Committee is conducting a mobility scooter user survey regarding safety issues
- Concerns raised over the quality of Auditing by the Big Four Firms
- Monthly Finance report on Service Fee income and expenditure
- Village plan for gas appliances as units are refurbished.
- Request for an update on the 30-year Master Plan
- Request for an update on the footpaths & crossings in the Manning redevelopment area

Action item topics that were resolved and closed out

- 2C rather than 20 speed signs at Gate 2
- Café status and new operator
- Village Voice Newsletter appreciation for new look
- Scope of VBRC constitution and distribution of VBRC minutes
- Updated Staff Organisation Chart

Management apologies for the publication of individual unit numbers in the Committee report last month.

VBRC MEETINGS WITH RESIDENTS

A reminder that VBRC members are available at the end of Resident Association Monthly Meetings to meet with residents to discuss any issues.

FACING THE FUTURE SEMINAR

PLANNING AHEAD

MAINTAINING INDEPENDENCE

TALKING ABOUT CARE WHEN NEEDED



What do I need to consider *with Nurse Judy , Our Nurse Team Leader*

Home Care Packages *with Kim Male, Our Home Care Manager*

Life in Care *with Bridget Robinson, Our Manor Director of Nursing*

Wednesday 27th September 2023

1.30 pm in Parkside Lounge

Donations to Chaplaincy Support

Please place your name on the list in your centre

The Chaplaincy Support Group invite you to

SONGS OF PRAISE

Sunday 10th September in the Chapel

Guest Artists: The Couriers



Come and hear this wonderful group and enjoy singing songs of praise together.

Afternoon tea included.

Donations to Chaplain's support



FETE & OPEN DAY

Saturday 14 October
9am - 1pm

Arts and craft displays, second hand books, trash & treasure, cakes, Devonshire tea, lawn bowls exhibitions, plants, pottery, woodwork display and Highland Dancing.

Fun for the whole family!
Face painting, animal farm, jumping castle, CFA displays, fairground organ and much more!

Special Performances/Displays
Australian Welsh Male Choir, Mount Erin Music Department Students
Village Strummers, Classic Car/Bike Parade



**Village Units & Independent facilities
open for inspection.**

Village Baxter - Retirement Village Living in a Caring Environment.
8 Robyns Road Frankston VIC 3199 - 5971 1349



FROM THE CHAPLAINS

Aussie Aussie Aussie, oi oi oi.

We were all chanting this recently, as we cheered the Matildas on in their semi final against England. They fell short of getting to the final, but won the hearts of a nation as they fought till the final siren.

It seems to me as I get older, that we all need someone to cheer us on, as we face our own challenges in life. Some days are difficult, and we need others to help us through whatever trials we face. We need each other, but we can't always look to others to be our help in time of need.

I know, that some days, I need the Lord as my helper, because He is the only one that can give me the strength I need, to get through the day.

People can let us down; not because they want to, but because they can't always be there when we need them. God however, is only a prayer away, and He can help us at a moment's notice.

I am glad for the people in my life who cheer me on, and encourage me when I am down or struggling with problems. They remind me that I need them, and they need me, as we journey through life together.

But my relationship with God is more than that, because He knows me better than I know myself; He knows my needs, He knows my fears, He knows my name!

I am safe in the knowledge that God is with me no matter what challenges come my way, and He will never leave me, or give up on me.

Even if I fail to do what I wanted, or let someone down, or let myself down, He will never give up on me; His love for me is unshakable, unending, unending.

I like to cheer others on and help them when I can, but I am glad that God is there for them even when I can't be.

Don't forget to thank those who cheer you on, and don't forget to thank God that He is always there, when they can't be.

Rod Wilson
Chaplain



THINGS TO PLANT IN SEPTEMBER

Amaranth, Artichoke, Asparagus, Basil, Beans, Beetroot, Bok Choy, Broccoli, Cabbage, Capsicum, Carrot, Celeriac, Celery, Chicory, Chilli, Chives, Corriander, Cucumber, Dill, Eggplant, Endive, Fennel, Kale, Kohl Rabi, Leek, Lettuce, Mint, Mustard Greens, Oregano, Pak Choy, Parsley, Parsnip, Pea, Potato, Pumpkin, Radish, Rhubarb (crowns), Rocket, Rockmelon, Salsify, Shallot, Silverbeet, Snow Peas, Spinach, Swede, Tomato, Turnip, Watermelon, Wombok, Zucchini

List taken from: <https://www.yummygardensmelbourne.com/winter-vegetable-garden.html>



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HEARING** EST. 1952

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Nicholas Peterson - Audiologist



2 Bartlett St Frankston South

5971 4180

Michael Weigert – Dental Prosthetist

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References from any staff member at the Manor

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Katy Kalff

Optom GCOT PGDAdvClinOptom



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EVERY SECOND THURSDAY

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5971 6364



PFGP
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All appointments are BULK BILLED

Dr Nita Sharma Clarke Centre: Tues 9am-12.30

Grant Centre: Wed 9am-12.30

Dr Piotr Kalan Clarke Centre: Thurs 9am-12.30

1B VERA STREET, FRANKSTON

PH 9781 3300 FAX 9781 3399 www.pfgp.com.au

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NH
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Email: cafevillagebaxter@wallara.com.au

 <https://www.facebook.com/CafeWVB>

Upcoming Public Holidays

A reminder that the Offices are closed on all
Public Holidays, including: **Friday 29 Sept**

**Deadline for Submissions for the next
Village Voice**

Monday 18 September

Please send submissions to

newsletter@villagebaxter.com

Late submissions will held for the next
month's edition.



Know what's what in the Village

Ask questions, get answers

**Residents' Association (RA)
General Meeting**

**3rd Wednesday every month,
1.30pm**

All Residents welcome

See current Village Voice for details



KAR-FIX Victoria

227 Frankston-Flinders Road,

Frankston South 3199 VIC

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Saturday **9am—4pm**
Sunday **10am—3pm**

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**COLLECTION TIMES FOR PRESCRIPTIONS AND
ANY OTHER ORDERS**

ROBINSONS, CLARKE, PARKSIDE & GRANT CENTRE by 12pm

Deliveries on Monday, Wednesday & Thursday by Glenise & Sean.

FREE Deliveries on Wednesday. \$10 delivery charge on Mon and Thurs.

Disclaimer: Every care is taken in the course of preparing this publication, but the views expressed herein are not necessarily of The Village Baxter, nor can any representative or employee accept responsibility for any errors or omissions.

Dates and movements were correct as at time of printing.

Village Manager: Dawn Tanner
Chief Executive Officer: Kim Jackson

Editor: Dawn Tanner
Proofing: Heather Charman

DIARY DATES – September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>DISCLAIMER</u></p> <p>Dates & Events are correct at time of Deadline. 18/08/2023</p>				<p>1</p> <p>9.30 -11am Exercises (M) 9am - 4pm Craft (RC) 12noon – 1pm Chair Yoga (C) 1.15 - 3.45pm Village Strummers (P) 2 - 3.30pm Finding Our Feet (C) 2 - 4pm The Shed</p>	<p>2</p> <p>9am –12noon Croquet (M) 12.30pm Outdoor Bowls (C) 1 - 5pm Cards-500 (CC)</p>
<p>3</p> <p>10am - Church Service (CH)</p>	<p>4</p> <p>7am – Veggie Group (VS) 9am - 4pm Craft (CC) 11am - 12noon Exercises with Noriko (C) 1pm Indoor Bowls (C) 2 - 5pm Cards- Continental Rummy “May I” (P) 1.30 -3.30pm Crazy Whist (CG) 2-4.30pm Croquet (M)</p>	<p>5</p> <p>9am - 3pm Art/Pottery (DCA) 9.30 -11am Exercises (M) 12.30pm Outdoor Bowls (C) 5pm CLEO Club (C)</p>	<p>6</p> <p>10.15am Line Dancing (C) 12.45pm Mystery Bus Tour (C) and (M) 2 – 4pm CSG (P)</p>	<p>7</p> <p>7am Veggie Group (VS) 8 -10am Winter Walkers (M) 9am - 3pm Pottery (DCA) 11am-5pm Mahjong (P) 2 - 4pm Snooker (R) 2 - 4.30pm Darts (R)</p>	<p>8</p> <p>9.30 -11am Exercises (M) 9am - 4pm Craft (RC) 12noon – 1pm Chair Yoga (C) 1.15 - 3.45pm Village Strummers (P) 2 - 3.30pm Finding Our Feet (C) 2 - 4pm The Shed</p>	<p>9</p> <p>9am - 12noon Croquet (M) 10am - 11.30am RA Morning Tea (P) 12.30pm Outdoor Bowls (C) 1 - 5pm Cards-500 (CC)</p>
<p>10</p> <p>10am - Church Service (CH)</p> <p>2.30pm – Songs of Praise. (CH)</p> <p>2 – 4pm Sing Along with Robyn (C)</p>	<p>11</p> <p>7am – Veggie Group (VS) 9am - 4pm Craft (CC) 11am - 12noon Exercises with Noriko (C) 1pm Indoor Bowls (C) 2pm Cards - Continental Rummy “May I” (P) 1.30pm Crazy Whist (CG) 1-4pm Book Club (P) 2 - 4.30pm Croquet (M)</p>	<p>12</p> <p>9am - 3pm Art (DCA) 9.30 -11am Exercises (M) 12.30pm Outdoor Bowls (C) 2pm Computer Clinic (P)</p>	<p>13</p> <p>9 – 9.30am Tyre Pumping (Clarke back verandah) 10.15 -11.15am Line Dancing (C) 12.45pm Mystery Bus Tour (C) and (M)</p>	<p>14</p> <p>7am Veggie Group (VS) 8 -10am Winter Walkers (M) 9am - 3pm Pottery (DCA) 11am - 3pm Crafty Critters (P) 2 - 4pm Snooker (R) 2 - 4.30pm Darts (R)</p>	<p>15</p> <p>9.30 -11am Exercises (M) 9am - 4pm Craft (RC) 12noon – 1pm Chair Yoga (C) 1.15 - 3.45pm Village Strummers (P) 2 - 3.30pm Finding Our Feet (C) 2 - 4pm The Shed</p>	<p>16</p> <p>9am - 12noon Croquet (M) 12.30pm Outdoor Bowls (C) 1 - 5pm Cards-500 (CC)</p>

DIARY DATES – September 2023

17 10am - Church Service (CH) 1pm-5pm Mahjong (P)	18 7am – Veggie Group (VS) 9am - 4pm Craft (CC) 11am -12noon Exercises with Noriko (C) 1pm Indoor Bowls (C) 2pm Cards - Continental Rummy “May I” (P) 1.30pm Crazy Whist (CG) 2 - 4.30pm Croquet (M)	19 9am - 3pm Art (DCA) 9.30 -11am Exercises (M) 12.30pm Outdoor Bowls (C)	20 10.15 - 11.15am Line Dancing (C) 1.30pm RA Residents Meeting (CH) Followed by Q & A with VBRC Committee	21 7am Veggie Group (VS) 9am-3pm Pottery DCA) 1.30pm Cliché Clothing Company (C) 2pm-4pm Snooker (R) 2pm-4.30pm Darts (R)	22 9.30 - 11am Exercises (M) 9am - 4pm Craft (RC) 1.15 - 3.45pm Village Strummers (P) 2 - 3.30pm Finding Our Feet (C) 2 - 4pm The Shed	23 9am-12noon Croquet (M) 12.30pm Outdoor Bowls (C) 1 - 5pm Cards-500 (CC)
24 10am - Church Service (CH) 2 – 4pm Sing Along with Robyn (C)	25 7am Veggie Group (VS) 9-4pm Craft (CC) 11am-12pm Exercises with Noriko (C) 1pm Indoor Bowls (C) 1pm - 4pm Croquet (M) 2pm Cards-Continental Rummy “May I” (P) 1.30pm Crazy Whist (CG) 7 - 10pm Card Group (M)	26 9am - 3pm Art (DCA) 9.30 -11am Exercises (M) 12.30pm Outdoor Bowls (C) 2pm Computer Clinic (P)	27 10.15 – 11.15am Line Dancing (C) 1pm-4.00pm Rummikub (RC) 1.30-3pm Village Entertainers (CH) 1.30pm – Facing The Future Seminar (P) 3-5pm Book Club (P)	28 7am Veggie Group (VS) 9am - 3pm Pottery DCA) 9am - 4pm Craft (RC) 2 - 4pm Snooker (R) 2 - 4.30pm Darts (R)	29 9.30 - 11am Exercises (M) 9am - 4pm Craft (RC) 1.15 - 3.45pm Village Strummers (P) 2 - 3.30pm Finding Our Feet (C)	30 9am-12noon Croquet (M) 12.30pm Outdoor Bowls (C) 1 - 5pm Cards-500 (CC)

Unless otherwise advised Administration Hours 8am to 4pm, Monday to Friday

Church Services

SUN – Village Church (includes Communion 1st Sunday each month)
Wed – Devotions
3rd Thurs – Uniting Church – Communion

10am – Chapel (non-denominational)
9.30am - Clarke Centre
2:30pm - Parkside

Health @ Welfare @ Clarke Centre

Tues – PFGP-Doctor Nita Sharma – 9783 3300
 Wed – Nepean Hearing-Tony Wilms – 9783 7520
 Thurs – PFGP-Doctor Kalan – 9783 3300
 Fri -Podiatry – Step Ahead -Tara Dullard – 9708 8626
Please call Clinics to make an appointment

To place something in the Diary Dates or Classifieds contact the Village Coordinator at 5971 6364 or at villagecoordinator@villagebaxter.com

Useful Contact Details:

Homecare: 5971 6308 or homecare@villagebaxter.com
Grant Centre: 5971 6364 or grantcentre@villagebaxter.com
Robinsons Centre: 5971 6374 or robinsonscentre@villagebaxter.com
Clarke Centre: 5971 6381 or clarkecentre@villagebaxter.com

Grant Consulting Suites/Medical Centre

Optometrist: Katy Kalf – every 2nd Thursday
Contact Grant Centre – 5971 6364
Appointment Times – 10.30am – 1.30pm
Doctor Nita Sharma – 9781 3300 (Wed)
Please call clinic to make an appointment.

LOCATION KEY – (C) Clarke Centre (CC) Clarke Craft Room (CG) Clarke Green Room (CM) Clarke Meeting Room (DCA) Art Room Beside Day Centre (CH) Chapel Centre (G) Grant Centre (M) Manning Centre (P) Parkside Centre (PR) Parkside Meeting Room (R) Robinson Centre (RC) Robinson Craft Room

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Katy Kalff

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Contact Lenses

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Peninsula Family General Practice

Dr Nita Sharma – Grant Centre
Every Wednesday Morning

Dr Nita Sharma – Clark Centre
Every Tuesday Morning

Dr Piotr Kalan – Clarke Centre
Every Thursday

Phone (03) 9781-3300 to make your appointment.

Have something you would like to put in the
classifieds?

Contact Anne Maree on 5971 6364 or
villagecoordinator@villagebaxter.com

JANE'S HAIR DESIGN

At The Grant Centre

Hours: Tuesday to Friday 9am – 5pm

Contact: Jane 0407 557 176

